



Lincoln Log

Lincoln Elementary School (408) 252-4798
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Cupertino Union School District
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March 5, 2009

Parent and Child Activity

Look in the newspaper for events your family can attend during this month.

Make a trip to the library part of your regular weekly routine. If your child does not have their own library card, get one.

Go on a "fractions search" through today's newspaper. Which sections have the most fractions?

Source: Parent Institute

Calendar

Mar. 5	3:40pm	SSC Mtg in GLC
6		2 nd Trimester Ends
8		Daylight Savings begins
11		University Day Gr. 3-5
	7:00pm	PTA Mtg in GLC
12		University Day Gr. K-2
16		Staff Learning Day
		No School
20		Report Cards go home

Daylight Savings Time Begins Sunday

Don't forget, Daylight Savings Time begins early this year. Remember to set your clocks ahead one hour this Sunday, March 8, 2009. See you bright and early Monday morning!

Physical Education FITNESSGRAM

Physical Education FITNESSGRAM testing is quickly approaching. All fourth and fifth graders will be participating in the push-up, sit-up, pacer, sit and reach, and trunk lift tests and have their height and weight measured from March 2 through April 3. The schedule of activities will vary due to weather, time, etc. To help your child succeed please make sure your child is dressed in appropriate PE attire on PE days. Help them get plenty of sleep the night before and breakfast in the morning. Thank you!

University Days

Reminder that the Lincoln University Days are coming! The upper grades (3-5) will participate on March 11th and the primary grades (K-2) will participate on March 12th. The program will run in the morning from 9:15 until 12:15 each day. The theme of University Day this year is "*share your strength to change the world*" and the committee has been hard at work preparing for an event that will both educate and encourage our students to be active citizens in our community and society. We have a range of professionals coming to talk to our students and it is sure to be a memorable experience! Special thanks go to Phil Huie, Cindy Springsteel and Andrea Grindeland for coordinating this event.

Check Lost and Found

Is your child missing a sweatshirt, jacket or lunch box? It could be in the Lost and Found. Please have your child check for any missing items. All unclaimed clothing will be donated to charity after March 13. Be sure to put your child's name in articles of clothing so that they can be easily reclaimed. A special thanks to Dayse Ekholm for upgrading our Lost and Found bin and for washing all the clothing items.

Is Homework Still the Number One Priority at Home?

By this time in the school year, some children begin to forget their priorities. "The main thing," someone once said, "is to keep the main thing the main thing."

Are you making sure that your child is keeping homework the main thing? Answer *yes* or *no* to each of the questions below to find out:

1. Have you kept your family's study schedule? Do you still have a daily time when everyone in the family does some type of "homework"?
2. Does your child still study in a quiet, well-lit place? By the spring, some children seem to do most of their "studying" in front of the TV set.
3. Do you stay in touch with your child's teacher so you know what's expected of him?
4. Do you help your child stay organized with calendars and to-do lists?
5. Have you reviewed your child's schedule? Some kids are so busy with extra-curricular activities that they don't have time for school.

How well are you doing?

Each *yes* answer means you are keeping schoolwork the "main thing" at your house. For any *no* answers, try those ideas in the quiz.

Word of the Month: Initiative

Taking the initiative means that you take the action independently, or make the first move. PeaceBuilders take initiative by seeking wise people. Taking initiative can mean:

- You are the first one to speak up in your group.
- You do your homework and chores without being asked.
- When you are involved in a situation that doesn't seem to be going the right way, you take the initiative to get another person's help.

School Site Council Agenda

March 5, 2009 GLC, 3:40 pm

Call to Order
Minutes from February meeting
Budget
Principal's Updates
Items of Business:
 School Plan - Goals
 State Funding Update
Other Items of Business
Adjourn

PTA

Want to be Principal for a day? Here's your chance!

Sign up for Lincoln's Walkathon - Friday, May 15!

What: Lincoln's first Walkathon!

Where: At the Lincoln Track

When: 3:30-7:00 pm, Friday, May 15

Why: To raise money for books and educational tools for our classrooms

Who: You, your family, and friends

Win Big: The student who collects the most sponsorship money will be Principal for a day! And, the class that collects the most money will get \$100 for classroom use!

What else: There will be pizza and fun activities like face painting, music and raffles. Don't miss it! More details to follow.

Want to help plan this fun event? Please contact Cindy Springsteel at csprings@adobe.com.

If you have a product or gift certificate to donate for our raffle, please contact Veronica Lentfer at vlentfer@sbcglobal.net.

Don't forget to Pre-order your Lincoln Yearbook and One for Teachers!

Yearbook pre-orders are only \$20 and when you add another \$1, you can help provide yearbooks for all your favorite teachers. Just complete the information on the order envelope and include a check payable to: Lincoln PTA. Additional order envelopes are in the office. A limited amount of yearbooks will be for sale during distribution on a first come basis, but at a higher price. Don't miss out on this treasured keepsake! Deadline for pre-orders is March 20.

Scrip

Check your child's MESH or come by the Scrip Table for your orders. For more information, please email the Scrip Committee at: lincolnscrip@gmail.com. Please return binder clips to the office - thank you!

DISTRICT

Parent Education Workshop **Internet Safety and Cyber Bullying**

By Deputy Peter Robinson of the Santa Clara County Sheriff's Department

Monday, March 9

6:30 – 7:30 pm

MP room at Eaton Elementary

The use of technology and the Internet has grown tremendously in the last decade. Our students are using the Internet as part of their daily life at an earlier age. With these advances come many dangers. Deputy Robinson will share what every parent should know about the Internet and tips for keeping your child safe. All parents are welcome to attend. This event is free.

Parent Speaker Series

SELPA II (Special Education Local Plan Area II) is proud to host the following guest speaker presentation to parents of students with special needs. The event takes place at Sedgwick Elementary School (19200 Phil Lane in Cupertino) in the GLC from 7:00-9:00 PM. There is no registration required to attend the event. Onsite childcare is available, but registration is required for childcare and closes one week prior to the event, with no exceptions. For childcare contact Linda Toda at (408) 522-2474.

Monday, March 16, 2009

“Identifying and Acting Upon Undiagnosed Disabilities in Children”

Cheryl Bowers, Ph.D.

Dr. Bowers is a neuropsychologist with 28 years experience testing and evaluating children with a wide variety of disabilities. While serious disabilities are almost always identified in early childhood, less serious disabilities like ADHD and dyslexia can easily go un-diagnosed and un-treated for years while the child and family suffers. Also, some children have multiple diagnoses but a minor diagnosis can easily get missed. Dr. Bowers will talk about how to identify if your child is struggling with a minor disability and what you can do to ensure that your child gets the help he or she needs.

Stepparent Support Group

March, April, and May (call for dates)

7:00 – 8:50 pm

JFK University Community Counseling Center

572 Dunholme Way

Sunnyvale, CA 98087

Fee for session: \$90.00

The John F. Kennedy University Community Counseling Center invites interested parents to join a 10-week course with other stepfamily couples. You will learn the typical developmental stages that many stepfamilies go through in order to become a more harmonious and cohesive family. Couples will also have a chance to share their stories with each other in this unique, interactive learning and supportive group experience. The support group will be led by a counselor from the John F. Kennedy University Community Counseling Center with counseling experience in the Cupertino School District.

For more information or to register, please call the JFK Counseling Center at (408) 524-4900.