



Lincoln Log

Lincoln Elementary School (408) 252-4798
21710 McClellan Road, Cupertino, CA 95014
<http://www.LincolnElementary.net>

Cupertino Union School District
Board of Education
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October 9, 2008

Parent and Child Activities

Watch the news with your child. Locate one place mentioned on a world map.

Look in the newspaper for things to do in your town this month. Plan to do some of them with your child.

Decide on a location anywhere in the world. Take turns telling one thing you would like to see there.

Source: Parent Institute

Calendar

Oct.	9-14	Parent Teacher Conf.
		Dismissal 1:25 pm 1st-5th
	8 7 pm	PTA Mtg – GLC
	20-23	Book Fair
	21 7:30-8:30 am	Parents only Book Fair
	23 5:30-9:30 pm	Family Book Fair
	27	Staff Learning Day
		No School
	28-31	Red Ribbon Week
	31 9:15 am Kinder	Halloween Parade
	1:30 pm 1-5	Halloween Parade & class celebrations

Conference Schedule

Conferences continue through Tuesday, October 14, 2008. During those dates, grades 1 through 5 students will come to school at 8:55 a.m. and be released at 1:25 p.m. Kindergarten students will be on their regular schedule. Grades 1 through 5 will return to their regular schedule on Wednesday, October 15.

Halloween Parade

Lincoln's Halloween Parade will take place on Friday, October 31. Our annual parade will be at 1:30 p.m. and end at approximately 2:00 p.m. (Kindergarten students will parade through classrooms at 9:15 a.m.) Classroom celebrations will follow the parade. Please contact your room parent if you are interested in donating healthy food items.

Please help your child choose a costume appropriate for school that does not reflect violence. In accordance with the district's Zero Tolerance policy, students may not bring any toy weapons as part of their costume. Plastic swords, toy guns, and other weapons are not allowed on campus. Make-up and dyed hair are not permitted. Students should come to school dressed in their regular clothing (except Kindergarten.) Please send costumes to school in a bag marked with the child's name and room number. They will change into their costumes after lunch.

Thank you for preparing your child for our Halloween celebration. Our priority is to ensure a safe, appropriate environment and to promote a positive and fun celebration. Parents are invited to join us for our Halloween festivities. Please sign in at the school office. Don't forget your camera!

Destination ImagiNation

We are looking for parent volunteers to be team coaches and competition judges to lead some Destination ImagiNation (DI) teams to represent Lincoln School! DI provides ALL the training needed. Teams meet outside of school hours, at a team-agreed time and place. For a further explanation of DI please see last week's Lincoln Log or visit: <http://www.destinationimagination.org>

District Wellness Policy

Due to an increased rate of childhood obesity and diabetes, federal and state law requires school districts with a federally-funded meal program to maintain wellness policies which address nutrition and physical activity.

Food served during the school day and for school activities must meet the required nutritional standards.

Classroom celebrations held during the school day involving food will be limited and must meet nutritional requirements. Birthdays are celebrated in a healthy way without sugary treats. Schools need to meet physical education standards for all students in all grades involving daily physical activity.

Why should children eat healthy?

- Helps kids feel and look their best
- Is linked to higher grades in school
- Helps kids grow normally

Here are some of the ways parents can help create a healthy classroom:

- For classroom parties, contribute fruits, vegetables, whole grain snacks, and milk or water instead of sodas and sweets.
- Use physical activity rather than food as a reward. Spend time playing catch, "hide & seek," or an action-packed game together.
- Keep your child hydrated. Give them water to drink at school.
- Help your children learn to prepare snacks and meals with fruits and vegetables. Grow your own vegetables or fruits in a container or in your garden. Visit farms where children can pick their own cherries, strawberries, or peaches.
- Encourage family time together outside: take a nature hike, go to the park, go on a family walk after dinner, or walk to school in the morning.
- Be adventurous in the supermarket. Buy a new fruit or vegetable that your child chooses. Keep bite-size pieces of fruits and vegetables in the refrigerator for easy snacking.
- Be active indoors. Limit time watching TV. On a rainy day, dance to music on the radio.
- Be a role model. Try a new vegetable. Schedule a regular time to exercise.

We look forward to working together to teach our students healthy life skills.

PTA

Entertainment Book Campaign Ends 10/10

Dear parents,
Please note that the entertainment book campaign ends tomorrow, 10/10. If you have not already done so, please send your entertainment book or money back to school by tomorrow. When all the numbers are tallied up, I will report back to you as to how much we made this year. Prizes for students who have sold one or more books should be delivered to school some time in November. Many thanks for your support! Jane Shen.

Read LEEF's online FAQ

Visit the LEEF website <http://www.LincolnLEEF.org> to read Frequently Asked Questions (FAQ) and learn more about LEEF donations and corporate matching. Thank you for supporting programs funded by LEEF donations!

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District

Parent Photos and Video Guidelines

The Cupertino Union School District currently allows parents to capture audio recordings, images, and/or video footage of their children in the classroom and at school events. The district believes that allowing this access is an important part of involving parents in the education of their children. While the district understands the desire for parents to share this information with others, we request that all parents be respectful of the privacy of other families and the district’s policies for protecting student identity.

Therefore, any audio recordings, images, and/or video footage of students obtained during school hours or at any other school related activity should be used only for your private viewing and not be posted or published online. This guideline is consistent with the school district’s policies and we would appreciate your cooperation.

As new technology continues to emerge, the district is balancing the use of innovative technology at the school site with the protection of the identity of our students.

	Computer Lab Ms “Susan” Satya	Librarian Ms. Pickler	Music Ms. Dellobuono	PE “Coach Claudia” Dettner	In-class Aides
Grades K-3	✓	✓	✓	✓	✓ (Combo classes)
Grades 4-5	✓	✓	✓ Chorus (Gr. 3-5)		✓ (All classes)

2008 - 2009 Calendar (Staff Learning Days Included)

October 27, 2008	Staff Learning Day
November 10 & 11, 2008	Veteran’s Day Holiday
November 26, 27 & 28, 2008	Thanksgiving Recess
December 22 – January 2, 2009	Winter Recess
January 19, 2009	Martin Luther King Holiday
February 16 - 20, 2009	Mid-Year Recess
March 16, 2009	Staff Learning Day
April 13 - 17, 2009	Spring Recess
May 22, 2009	Staff Learning Day
May 25, 2009	Memorial Day
June 12, 2009	Last Day of School