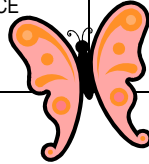
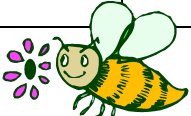
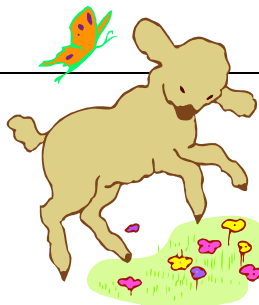
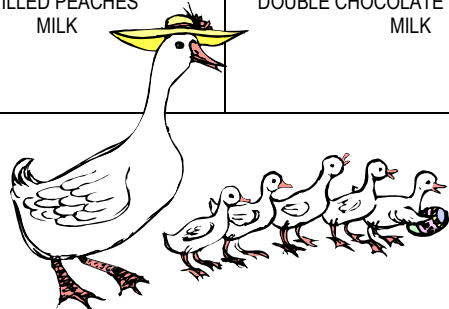


CUPERTINO UNION SCHOOL DISTRICT

APRIL 2009 - ELEMENTARY LUNCH MENU

http://cupertino.ca.campusgrid.net/home/Business+Services/Student+Nutrition+Services

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	AVERAGE NUTRIENTS
30 TOASTED CHEESE SANDWICH *TOASTED CHEESE SANDWICH ORANGE WEDGES POTATO SALAD FRUIT SNACKS MILK	31 COOK'S CHOICE DAY *COOK'S CHOICE VEGETARIAN GARDEN SALAD FRESH APPLE SLICES SUGAR COOKIE MILK	1 TERIYAKI BEEF PATTY/WHEAT BUN W/ TATER TOTS *GARDEN BURGER/BUN W/ VEGGIE BEANS PRETZELS FRUIT JUICEE CHILLED PEACHES MILK	2 CHEESE PIZZA *CHEESE PIZZA CELERY STICKS CHILLED PEARS LEMON GRAHAM COOKIE MILK	3 MINI CHEESEBURGERS *CHEESE BREAD CARROT STICKS CHILLED APPLESAUCE DOUBLE CHOCOLATE CHIP COOKIE MILK	Calories 770 Total Fat 28 % Protein 34 G Calcium 678 Mg Iron 3.9 Mg Vitamin C 46.1 Mg Vitamin A 2688 IU
6 BBQ TURKEY POCKET *BEAN & CHEESE BURRITO JICAMA STICKS ANIMAL CRACKERS CHILLED APPLESAUCE MILK	7 MINI TURKEY CORN DOGS W/ TATER TOTS *VEGETARIAN HOT DOG/BUN W/ VEGGIE BEANS CHILLED PEARS OATMEAL RAISIN COOKIE MILK	8 CHICKEN PATTY/WHEAT BUN W/ TATER TOTS *GARDEN BURGER/BUN W/CHEESE CHILLED PEACHES FRUIT JUICEE MUNCHIE MIX MILK	9 TERIYAKI BEEF DIPPERS W/ STEAMED WHITE RICE *CHILI CHEESE WRAP FRESH APPLE BABY CARROTS CHOCOLATE CHIP COOKIE MILK	10 CHEESE PIZZA *CHEESE PIZZA GARDEN SALAD APPLE SLICES CUCUMBER COINS SPRING COOKIE MILK	Calories 729 Total Fat 29 % Protein 31 G Calcium 527 Mg Iron 4.0 Mg Vitamin C 26 Mg Vitamin A 2455 IU
 SPRING RECESS 4/13-4/17/09 (MURDOCK-PORTAL SCHOOL RECESS 4/6-4/17/09) 					
20 MINI CHEESEBURGERS *CHEESE CALZONE CHEDDAR CHEESE CRACKERS FRUIT LEATHER CHILLED PEACHES MILK	21 CHICKEN NUGGETS W/ TATER TOTS *TOASTED CHEESE SANDWICH WHOLE WHEAT ROLL CHILLED APPLESAUCE DOUBLE CHOCOLATE CHIP COOKIE MILK	22 CHEESE PIZZA *CHEESE PIZZA GARDEN SALAD FRESH KIWI MUNCHIE MIX MILK	23 BREAKFAST FOR LUNCH! FRENCH TOAST STICKS W/SYRUP BEEF SAUSAGE PATTIES *FRENCH TOAST STICKS W/ CHEESE CUBES SUGAR COOKIE CHILLED PEARS ORANGE JUICE MILK	24 CHICKEN PATTY/WHEAT BUN W/ TATER TOTS *VEGETABLE CURRY/CHEESE W/ STEAMED WHITE RICE CELERY STICKS FRESH APPLE SLICES TINY TWIST PRETZELS MILK	Calories 811 Total Fat 30 % Protein 34 G Calcium 520 Mg Iron 3.7 Mg Vitamin C 45 Mg Vitamin A 977 IU



* = VEGETARIAN ENTRÉE

CAFETERIA WORK AVAILABLE! CALL NOW: 252-3000 EXT. 302 FOR MORE DETAILS.

MEAL PRICES

STUDENT LUNCH WITH MILK	\$2.75
STUDENT REDUCED LUNCH	.40
MILK OR JUICE	.75
ADULT LUNCH	\$3.25
(ALL LUNCHES INCLUDE MILK)	

CHECKS PAYABLE TO **C.U.S.D. STUDENT NUTRITION SERVICES**
CHECKS RETURNED FROM THE BANK WILL HAVE A \$12.50 SERVICE CHARGE.

To prepay for your student's meal online log on to
www.paypams.com or call PAMS Lunchroom at
1-888-994-5100.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

PARENTS CORNER:

1. A STUDENT WITH INSUFFICIENT FUNDS ON THEIR ACCOUNT WILL BE REQUIRED TO HAVE CASH TO PARTICIPATE IN THE LUNCH PROGRAM.
2. FOR ALL RETURNED CHECKS, PARENTS MUST SEND CASH WITH THEIR CHILD FOR MEALS UNTIL THE CHILD'S ACCOUNT IS CURRENT.
3. YOUR CHILD MAY BE SERVED AN ALTERNATE FOOD ITEM IF HE/SHE HAS A NEGATIVE BALANCE OR DOES NOT HAVE MONEY FOR MEALS.
4. YOUR CHILD WILL HAVE A CHOICE OF 1 OUT OF 2 ENTREES FOR LUNCH. PLEASE REVIEW THE MENU DAILY WITH YOUR CHILD TO HELP HIM/HER DECIDE ON A CHOICE OF ENTRÉE.
5. SCHOOL LUNCHES MUST BE CONSUMED ON CAMPUS.

*Menu
subject
to
change*