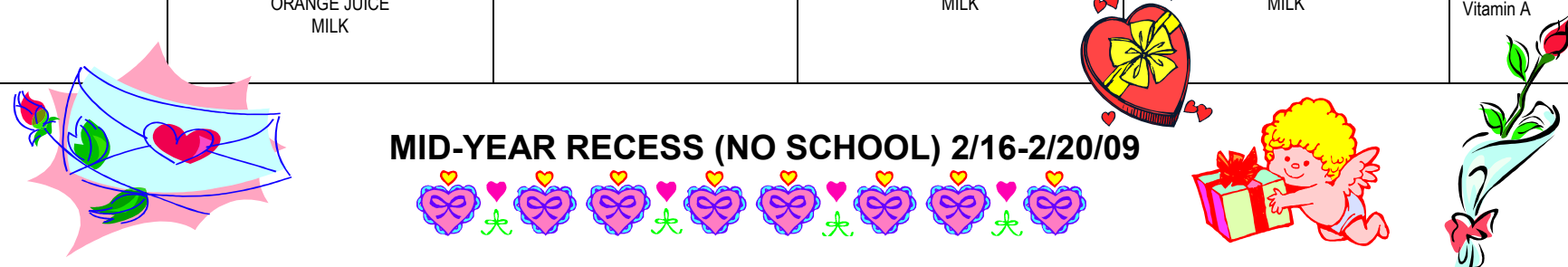


# CUPERTINO UNION SCHOOL DISTRICT

## FEBRUARY 2009 - ELEMENTARY LUNCH MENU

http://cupertino.ca.campusgrid.net/home/Business+Services/Student+Nutrition+Services

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	AVERAGE NUTRIENTS
2 CHICKEN NUGGETS W/ BISCUIT *BEAN & CHEESE BURRITO GARDEN SALAD CHILLED PEACHES CHOCOLATE GRAHAM CRACKERS MILK	3 HAMBURGER/WHEAT BUN W/TATER TOTS *GARDEN BURGER/WHEAT BUN W/ VEGETARIAN BEANS SALSA TORTILLA CHIPS FRUIT LEATHER MILK	4 <b>NEW!</b> EL TACO ROLLO (SOFT ROLLED BEEF TACO) *VEGETARIAN HOT DOG/BUN W/ VEGETARIAN BEANS ZUCCHINI STICKS ORANGE WEDGES DOUBLE CHOCOLATE CHIP COOKIE MILK	5 CHEESE PIZZA *CHEESE PIZZA GARDEN SALAD CHILLED APPLESAUCE MUNCHIE MIX MILK	6 BEEF TERIYAKI DIPPERS W/STEAMED WHITE RICE *CURRY VEGETABLES W/RICE & CHEESE CUBES BABY CARROTS CHILLED PEARS ANIMAL CRACKERS MILK	Calories 721 Total Fat 28 % Protein 28 G Calcium 450 Mg Iron 5.3 Mg Vitamin C 30 Mg Vitamin A 3973 IU
9 TURKEY TACO POCKET *VEGETARIAN BEAN & RICE POCKET CUCUMBER COINS CHILLED MIXED FRUIT CHEDDAR CHEESE CRACKERS MILK	10 <b>BREAKFAST FOR LUNCH!</b> WAFFLE W/ BEEF SAUSAGE PATTIES *WAFFLE W/CHEESE CUBES SYRUP FRUIT LEATHER CHOCOLATE CHIP COOKIE ORANGE JUICE MILK	11 CHEESE PIZZA *CHEESE PIZZA GARDEN SALAD PETITE BANANA LEMON GRAHAM COOKIES MILK	12 TERIYAKI CHICKEN W/ STEAMED WHITE RICE *VEGETARIAN CHILI & RICE JICAMA STICKS FRESH KIWI GIANT CINNAMON GRAHAM COOKIES MILK	13 CHICKEN PATTY ON BUN W/TATER TOTS *GARDEN BURGER/BUN W/CHEESE LETTUCE/PICKLE CHILLED APPLESAUCE VALENTINE COOKIE MILK	Calories 689 Total Fat 26 % Protein 29 G Calcium 428 Mg Iron 3.9 Mg Vitamin C 46 Mg Vitamin A 1566 IU
 <p><b>MID-YEAR RECESS (NO SCHOOL) 2/16-2/20/09</b></p>					
23 MINI CHEESEBURGERS *TOASTED CHEESE SANDWICH CHILLED PEARS FRUIT LEATHER TINY TWIST PRETZELS MILK	24 CHICKEN CORN DOG W/TATER TOTS *BEAN & CHEESE BURRITO CHILLED PEACHES OATMEAL RAISIN COOKIE FRUIT JUICE MILK	25 CHICKEN NUGGETS W/TATER TOTS *VEGETARIAN HOT DOG/BUN W/ VEGETARIAN BEANS PETITE BANANA MUNCHIE MIX MILK	26 CHEESE PIZZA *CHEESE PIZZA GARDEN SALAD FRESH APPLE SLICES CHOCOLATE GRAHAM BEARS MILK	27 <b>NEW!</b> SWEET & SOUR CHICKEN W/ STEAMED WHITE RICE *CHEESE CALZONE CHILLED MIXED FRUIT BABY CARROTS STRAWBERRY GOLDFISH CRACKERS MILK	Calories 710 Total Fat 31 % Protein 29 G Calcium 448 Mg Iron 4.2 Mg Vitamin C 34 Mg Vitamin A 4357 IU

\* = VEGETARIAN ENTRÉE

**CAFETERIA WORK AVAILABLE! CALL NOW: 252-3000 EXT. 302 FOR MORE DETAILS.**

### MEAL PRICES

STUDENT LUNCH WITH MILK	\$2.75
STUDENT REDUCED LUNCH	.40
MILK OR JUICE	.75
ADULT LUNCH	\$3.25
(ALL LUNCHES INCLUDE MILK)	

CHECKS PAYABLE TO **C.U.S.D. STUDENT NUTRITION SERVICES**  
CHECKS RETURNED FROM THE BANK WILL HAVE A \$12.50 SERVICE CHARGE.

**To prepay for your student's meal online log on to**  
[www.paypams.com](http://www.paypams.com) or call **PAMS Lunchroom at**  
**1-888-994-5100.**

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

### PARENTS CORNER:

1. A STUDENT WITH INSUFFICIENT FUNDS ON THEIR ACCOUNT WILL BE REQUIRED TO HAVE CASH TO PARTICIPATE IN THE LUNCH PROGRAM.
2. FOR ALL RETURNED CHECKS, PARENTS MUST SEND CASH WITH THEIR CHILD FOR MEALS UNTIL THE CHILD'S ACCOUNT IS CURRENT.
3. YOUR CHILD MAY BE SERVED AN ALTERNATE FOOD ITEM IF HE/SHE HAS A NEGATIVE BALANCE OR DOES NOT HAVE MONEY FOR MEALS.
4. YOUR CHILD WILL HAVE A CHOICE OF 1 OUT OF 2 ENTREES FOR LUNCH. PLEASE REVIEW THE MENU DAILY WITH YOUR CHILD TO HELP HIM/HER DECIDE ON A CHOICE OF ENTRÉE.
5. SCHOOL LUNCHES MUST BE CONSUMED ON CAMPUS.

*Menu  
subject  
to  
change*